

# Fresh Change

Chicago



**Global Refuge**



**ICNARelief**



# Overview

Thank you for partnering with Global Refuge to welcome newly arrived immigrants by providing a **Fresh Change** of clothes and personal care items.

By downloading this toolkit, you've already taken the first step. Here you'll find everything you need to host a bag-packing event or simply pack a bag yourself.

We have included different items in our Chiago Toolkit and with as little as 10 dollars\* you can participate in purchasing items for Fresh Change.

Our partners at ICNA Relief have requested the following items for clients in their care:

- Personal items
- Diapers
- Feminine hygiene products
- Clothing items
- Winter items

Included in this toolkit you will find:

- ➔ Content guides for each kind of bag you may choose to send
- ➔ A bilingual note of welcome. Be sure to print this double-sided to ensure both languages are included and sign your name at the bottom

Let Global Refuge know how many bags you plan to assemble by registering them at [globalrefuge.org/FreshChange](https://globalrefuge.org/FreshChange).

We will send you a confirmation email with a mailing address to ship your bags.

Don't forget to take pictures and tag them using **#GlobalRefugeFreshChange**.

You can also send pictures or questions to [outreach@globalrefuge.org](mailto:outreach@globalrefuge.org).



# Personal Care Kit Instructions

1

light-weight  
bath-size towel  
*dark color  
recommended*



1

tube of  
toothpaste  
*\*in its original  
packaging*



1

adult-size  
toothbrush  
*\*in its original  
packaging*



1

stick deodorant  
*\*in its original  
wrapping*



1

sturdy comb  
*remove  
packaging*



2

bath-size bars of soap  
*(any brand)  
\*in its original wrapping*



1

metal nail clippers  
*(attached file optional)*



1

disposable  
razor



1

Global Refuge bilingual  
note of welcome,  
*signed*



1

small tissue pack



## Please Do **Not** Include

→ Used items

→ Shampoo

→ Lotions

→ Perfume

→ Liquids



Place personal care items in a plain black drawstring backpack and pull it closed. Use separate bags for the different items, i.e. a bag for personal care kit, a bag for diapers, separate bag for feminine hygiene products. Attach Personal Care label to bag. Send filled bags to the address provided by Global Refuge when you registered your bags. As the return address, use the address you provided when you registered your bags.

Questions? Visit [globalrefuge.org/FreshChange](https://globalrefuge.org/FreshChange) or email [outreach@globalrefuge.org](mailto:outreach@globalrefuge.org).



# Diapers and Baby Wipes

1

box of  
disposable diapers  
*newborn, size 5, 6,  
and pull ups*



1

box of  
baby wipes  
*unscented*



1

Global Refuge bilingual  
note of welcome,  
*signed*



## Please Do **Not** Include



Scented items



Open diapers  
or feminine products



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# Feminine Hygiene

1

box of maxi pads  
or tampons



1

Global Refuge bilingual  
note of welcome,  
signed



## Please Do **Not** Include

→ Scented items

→ Open diapers  
or feminine products



Place feminine hygiene items in a plain black drawstring backpack and pull it closed. Use separate bags for the different items, i.e. a bag for personal care kit, a bag for diapers, separate bag for feminine hygiene products. Attach Feminine Hygiene label to bag. Send filled bags to the address provided by Global Refuge when you registered your bags. As the return address, use the address you provided when you registered your bags.

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## Winter Items



**Coats**  
(All Sizes: Adults and  
Children ages 1-16 years)  
*Kindly only include new or  
gently used coats*



**Gloves**



**Hats**

1

**Global Refugee bilingual  
note of welcome,  
*signed***



**Blankets**



### Please Do **Not** Include

→ Used Gloves, Hats, or Blankets



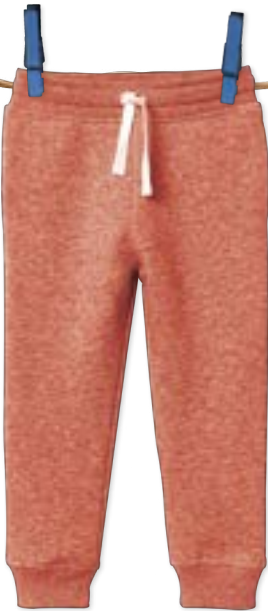
Questions? Visit [globalrefuge.org/FreshChange](https://globalrefuge.org/FreshChange) or email [outreach@globalrefuge.org](mailto:outreach@globalrefuge.org).



# Men's Small Bag Instructions

1

pair of unisex sweatpants, size small



1

unisex sweatshirt, size small



1

pair of crew or low-cut socks, size 5-9



1

pair of briefs, size small



1

Global Refuge bilingual note of welcome, signed



## Please Do **Not** Include

- Used clothing
- Jeans, shorts, or leggings
- Additional items
- Clothing with prominent logos or images
- Socks below the ankle or over the calf
- Trunks, thongs, jockstraps, boxers, boxer briefs
- Personal notes

Place clothing items in a plain black drawstring backpack and pull it closed. Using a Clothing label and marker, write **Men's (S)** on the tag and attach. Send filled bags to the address provided by Global Refuge when you registered your bags. As the return address, use the address you provided when you registered your bags.

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# Men's Medium Bag Instructions

1

pair of unisex sweatpants,  
size *medium*



1

unisex sweatshirt,  
size *medium*



1

pair of crew or low-cut socks,  
size *5-9*



1

pair of briefs,  
size *medium*



1

Global Refuge bilingual  
note of welcome,  
*signed*



## Please Do **Not** Include

- Used clothing
- Clothing with prominent logos or images
- Trunks, thongs, jockstraps, boxers, boxer briefs
- Jeans, shorts, or leggings
- Socks below the ankle or over the calf
- Personal notes
- Additional items



Place clothing items in a plain black drawstring backpack and pull it closed. Using a Clothing label and marker, write **Men's (M)** on the tag and attach. Send filled bags to the address provided by Global Refuge when you registered your bags. As the return address, use the address you provided when you registered your bags.

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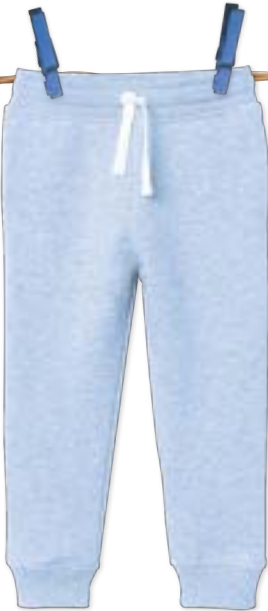




# Women's Small Bag Instructions

1

pair of unisex sweatpants,  
size small



1

unisex sweatshirt,  
size small



1

pair of crew or low-cut socks,  
size 5-9



1

pair hipster or bikini panties,  
size small



1

sports bra,  
size small



1

Global Refuge bilingual  
note of welcome,  
signed



## Please Do **Not** Include

- Used clothing
- Clothing with prominent logos or images
- Boy shorts, briefs, mid-rise, G-strings, or thongs
- Jeans, shorts, or leggings
- Socks below the ankle or over the calf
- Bandeaux, bralettes, strapless bras, or pushups
- Additional items
- Personal notes

Place clothing items in a plain black drawstring backpack and pull it closed. Using a Clothing label and marker, write **Women's (S)** on the tag and attach. Send filled bags to the address provided by Global Refuge when you registered your bags. As the return address, use the address you provided when you registered your bags.

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# Women's Medium Bag Instructions

1

pair of unisex sweatpants, size medium



1

unisex sweatshirt, size medium



1

pair of crew or low-cut socks, size 5-9



1

pair hipster or bikini panties, size medium



1

sports bra, size medium



1

Global Refuge bilingual note of welcome, signed



## Please Do **Not** Include

- Used clothing
- Clothing with prominent logos or images
- Boy shorts, briefs, mid-rise, G-strings, or thongs
- Jeans, shorts, or leggings
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- Additional items
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## Men's Medium Bag



## Men's Small Bag



## Women's Medium Bag



## Women's Small Bag



## Feminine Hygiene Bag



## Diapers and Baby Wipes Bag



## Personal Care Kit Bag

## Winter Items



## Global Refugee

*Welcome to the United States! We are grateful that you have arrived safely. We would like to gift you a bag with a change of clothes. As you carry this bag with you, know that you carry our love for you in it. Please know there are people working from all corners of the country to help you find and take care of what you need. We are doing our best to help you get where you want to be. Although the journey you have taken is long, we hope that you feel a sense of relief. Let these be the first steps of your new life. May God bless you on your journey.*

X



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## Global Refugee

Bienvenidos a los Estados Unidos! Estamos agradecidos que ha llegado a salvo. Le queremos regalar una bolsa para que tenga un cambio de ropa. Mientras que lleva esta bolsa, sepa que lleva nuestro amor por usted en ella. Hay personas de todas partes de los Estados Unidos ayudando para que tenga lo que necesite. Estamos haciendo todo lo posible para que esté donde quiera estar. Entendemos que su camino ha sido largo, pero esperamos que se sienta tranquilo. Que estos primeros pasos que toma en un nuevo país, que sean los primeros de su nueva vida. Que Dios lo bendiga en su camino.

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